

SENIOR LUNCH CAFÉ



**FOOD + FRIENDSHIP
CLOSE TO HOME**

SeniorServ provides nutritious lunches Monday through Friday to community centers in 19 cities throughout central and north Orange County. These neighborhood places invite active adults 60 years or older to eat out, socialize around a meal, meet people, and join in activities that the community offers.

A nutritious meal and friendship enhances physical and mental well-being and provides links to community support services. Meals are planned by a registered dietician to meet nutrition needs.

KEEPING

10,000 SENIORS

IN ORANGE COUNTY

HEALTHIER & CONNECTED

TO RESOURCES



Cities Served: Anaheim, Brea, Buena Park, Costa Mesa, Cypress, Fountain Valley, Fullerton, Garden Grove, Huntington Beach, La Habra, Midway, Seal Beach, Orange, Placentia, Santa Ana, Stanton, Tustin, Westminster, Yorba Linda