

# Meals on Wheels and Case Management

## SENIORSERV™

Securing Home, Health & Heart



*Supporting the nutritional needs  
of homebound, older adults  
in 20 cities  
in Central, North and  
West Orange County*

[www.SeniorServ.org](http://www.SeniorServ.org)

# Meals on Wheels

SeniorServ prepares and delivers three meals per day, Monday through Friday to homebound, frail, socially isolated seniors living in north, central and west Orange County. Daily meals include breakfast, lunch and dinner. Benefits include:

- Improvement in nutrition and health.
- Assistance in maintaining independence while living at home, therefore avoiding premature institutional care.
- Contact with friendly delivery drivers.

Meals provide  
100% of the  
U.S. Nutritional  
Recommended  
Daily Allowance.



## Case Management

The Meals on Wheels program is more than just a meal. Clients also receive Case Management, including the following:

- **Assessments:** Quarterly home visits and telephone contact with Case Managers.
- **Home safety:** Modifications and assistive devices are provided to help keep participants safe.
- **Personal Care/Homemaking:** Basic personal care and homemaking assistance is provided to qualifying participants at no charge when funding is available.
- **Community Referrals:** Referrals include respite care, home health evaluations, and other services as needed.



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## Meals on Wheels and Case Management

### Eligibility

Eligible participants must be 60 or older and be homebound by reason of illness or disability. Eligible participants will have difficulty shopping and/or preparing meals and not have family or friends they can depend on for regular meal support.

### Cost

The suggested donation for the Meals on Wheels program is \$5.25/day. Any donation, no matter how large or small, is always greatly appreciated and accepted. No individual is turned away due to an inability to make a donation.

### Referrals for Service

Referrals may be made by any concerned individual, family member, neighbor, social worker, physician, hospital discharge planner, or any other person by calling the Social Services Department at (714) 823-3294.



## Meals on Wheels and Case Management

SeniorServ provides nutritious home delivered meals and case management services to frail, homebound older adults who live in the following cities:

Anaheim

Brea

Buena Park

Costa Mesa

Cypress

Fountain Valley

Fullerton

Garden Grove

Huntington Beach

La Habra

Los Alamitos

Midway City

Orange

Placentia

Santa Ana

Seal Beach

Stanton

Tustin

Westminster

Yorba Linda

**For more information on Meals on Wheels  
or Case Management  
please call 714-823-3294  
or visit [www.SeniorServ.org](http://www.SeniorServ.org)**



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